



ACTIVITY GUIDE

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Aesthetic Medicine

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Introduction to aesthetic medicine	5.5	5	0	P1AST	Prof Cert Aesthetic Medicine
Office based aesthetic treatments	6	5	0	P2AST	Prof Cert Aesthetic Medicine
Introduction to chemical peels	4.5	5	0	P3AST	Prof Cert Aesthetic Medicine
Facial anatomy and planning safe treatments	7	5	0	P5AST	Prof Cert Aesthetic Medicine
Introduction to Botulinum toxin	6	5	0	P6AST	Prof Cert Aesthetic Medicine
Introduction to dermal fillers and filler rheology	4	5	0	P7AST	Prof Cert Aesthetic Medicine
Introduction to dermal filler techniques	5	5	0	P8AST	Prof Cert Aesthetic Medicine
Skin ageing principles	4.5	5	0	A1AST	Adv Cert Aesthetic Medicine
Complications including relevant anatomy in aesthetic medicine	4.5	5	0	A2AST	Adv Cert Aesthetic Medicine
Advanced chemical peels and cosmeceuticals	4	5	0	A3AST	Adv Cert Aesthetic Medicine
Advanced Botulinum toxin and hyperhidrosis	4.5	5	0	A4AST	Adv Cert Aesthetic Medicine
Advanced dermal fillers	5.5	5	0	A5AST	Adv Cert Aesthetic Medicine
Introduction to facial thread lift procedures	4.5	5	0	D2AST	Prof Dip Aesthetic Medicine
Ultrasound and radio frequency treatment	4	5	0	D5AST	Prof Dip Aesthetic Medicine
Common modalities for non-surgical body shaping	4	5	0	D6AST	Prof Dip Aesthetic Medicine
Acne and rosacea	4.5	5	0	D7AST	Prof Dip Aesthetic Medicine
Global trends and aesthetic medicine developments	4.5	5	0	U1AST	N/A

Allergy Medicine

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Anaphylaxis: Causes, symptoms, emergency treatment	3.5	6	0	A2CAH	Primary Cert Allergy Medicine
Food allergies: Peanut, tree nut, seeds, seafood, cow's milk and hen's eggs	3.5	6	0	A3CAH	Primary Cert Allergy Medicine
Allergic rhinitis, allergic conjunctivitis and desensitisation	3.5	6	0	A4CAH	Primary Cert Allergy Medicine

Child & Adolescent Health

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Assessment of the sick child	4.5	6	0	P2CAH	Prof Cert Child & Adolescent Health
Asthma and other respiratory conditions in child and adolescent	4	6	0	P3CAH	Prof Cert Child & Adolescent Health
Anaphylaxis – causes, symptoms, emergency treatment	3.5	6	0	A2CAH	Adv Cert Child & Adolescent Health
Food allergies: peanut, tree nut, seed and seafood, cow's milk and hen's eggs	3.5	6	0	A3CAH	Adv Cert Child & Adolescent Health
Allergic rhinitis, allergic conjunctivitis and desensitisation	3.5	6	0	A4CAH	Adv Cert Child & Adolescent Health
Dermatology concerns in children including blistering	4.5	6	0	A6CAH	Adv Cert Child & Adolescent Health

Chronic Disease & Conditions

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Communication skills in general practice	5.5	6	0	P1CDC	Prof Cert Chronic Disease
Chronic Obstructive Pulmonary Disease (COPD)	4.5	6	0	P3CDC	Prof Cert Chronic Disease
Diabetes Mellitus	4.5	6	0	P4CDC	Prof Cert Chronic Disease
Gastrointestinal complaints	5.5	6	0	P5CDC	Prof Cert Chronic Disease
Chronic kidney disease	4	6	0	P6CDC	Prof Cert Chronic Disease + Fou Cert Resp Conditions
Osteoarthritis	4	6	0	P7CDC	Prof Cert Chronic Disease
Hypertension	4.5	6	0	A1CDC	Adv Cert Chronic Disease
Coronary artery disease	4.5	6	0	A3CDC	Adv Cert Chronic Disease
Tobacco related conditions	4	6	0	A4CDC	Adv Cert Chronic Disease
Autism Spectrum Disorder	3.5	5	0	U1CDC	N/A

Clinical Nutrition

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Understanding dietary guidelines and how they can be used to guide treatment	4	6	0	P1CLN	Prof Cert Clinical Nutrition
Busting common nutrition myths and fads: superfoods, paleo, organics and other popular diets	4.5	6	0	P2CLN	Prof Cert Clinical Nutrition
Pregnancy: complete nutrition guide for fertility, pregnancy and lactation	4.5	6	0	P4CLN	Prof Cert Clinical Nutrition
Childhood nutrition	4	6	0	P5CLN	Prof Cert Clinical Nutrition
The gut microbiome: prebiotic and probiotic treatments	4.5	6	0	P7CLN	Prof Cert Clinical Nutrition
Malnutrition in older adults: identifying and managing nutritional risk	4	6	0	P9CLN	Prof Cert Clinical Nutrition
Patient centred weight management: non-diet approach	4.5	6	0	A1CLN	Adv Cert Clinical Nutrition
Eating disorders	4.5	6	0	A2CLN	Adv Cert Clinical Nutrition
Dietary approaches for the management of chronic disease including mediterranean, mind, vegetarian, high protein, low GI	4.5	6	0	A4CLN	Adv Cert Clinical Nutrition
Motivational behaviour change	4.5	6	0	A3CLN	Adv Cert Clinical Nutrition
Are carbs the enemy? Understanding nutritional needs of patients with diabetes	4.5	6	0	A5CLN	Adv Cert Clinical Nutrition
Nutrition in chronic kidney disease	4	6	0	A7CLN	Adv Cert Clinical Nutrition
Nutrition in gastrointestinal health	4.5	6	0	A9CLN	Adv Cert Clinical Nutrition

Clinical Procedures

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Principles of wound healing and managing small procedures in general practice	4.5	5	0	P1CPP	Prof Cert Clinical Procedures Planning
Closing the wound	4	5	0	P2CPP	Prof Cert Clinical Procedures Planning
Lacerations and wounds	4	5	0	P3CPP	Prof Cert Clinical Procedures Planning
Foreign bodies and healing by second intention	3.5	5	0	P4CPP	Prof Cert Clinical Procedures Planning
Lumps and bumps	3.5	5	0	P6CPP	Prof Cert Clinical Procedures Planning
Managing infected lesions	4	5	0	P8CPP	Prof Cert Clinical Procedures Planning

Dermoscopy

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Algorithms and the Elephant Approach	4	6	0	P1DER	Prof Cert Dermoscopy
The Chaos and Clues method	4.5	6	0	P2DER	Prof Cert Dermoscopy + Adv Cert Skin Cancer Med
Benign non-melanocytic lesions	3.5	5.5	0	P3DER	Prof Cert Dermoscopy
Malignant non-melanocytic lesions	4	6.5	0	P4DER	Prof Cert Dermoscopy
Dermoscopy for melanocytic naevi	4	5.5	0	P5DER	Prof Cert Dermoscopy
Dermoscopy for melanoma	4.5	6	0	P8DER	Prof Cert Dermoscopy
Dermoscopy for mucosal lesions	4	6	0	A2DER	Adv Cert Dermoscopy
Dermoscopy for difficult benign lesions including naevi with special features	4	6	0	A3DER	Adv Cert Dermoscopy
Dermoscopy for nail lesions	4	6	0	A4DER	Adv Cert Dermoscopy
The broad spectrum of BCC and keratinocyte skin cancer	4	6	0	A6DER	Adv Cert Dermoscopy
Dermoscopy for difficult melanomas	4	6	0	A7DER	Adv Cert Dermoscopy
Dermoscopy in general dermatology	4	6	0	A8DTL	Adv Cert Dermoscopy
Dermoscopy for screening children	4	6	0	D1DER	Prof Dip Dermoscopy
Dermoscopy for screening young adults	4	6	0	D2DER	Prof Dip Dermoscopy
Dermoscopy for screening older patients	4	6	0	D3DER	Prof Dip Dermoscopy
Lesions in different skin types	4	6	0	D4DER	Prof Dip Dermoscopy
Artificial and human intelligence in dermoscopy	6.5	5	0	U1DER	N/A
Dermoscopic methods to apply when pattern recognition fails	Self-submitted	0	0	U2DER-SS	N/A
Dermoscopy Excellence program presented by Profs Giuseppe Argenziano and Aimilios Lallas	Self-submitted	0	0	U3DER-SS	N/A
Understanding and application of dermoscopy in clinical practice	Self-submitted	0	0	U4DER-SS	N/A

Dermoscopy for Dermatology

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Basic principles of applying dermoscopy in general dermatology	4.5	6	0	A1DFD	Medical Cert + Adv Cert Dermoscopy for Dermatology
Common inflammatory dermatoses of the face and trunk	4	6	0	A2DFD	Medical Cert + Adv Cert Dermoscopy for Dermatology
Disorders of pigmentation, infiltrative dermatoses and uncommon skin diseases	4	6	0	A3DFD	Adv Cert Dermoscopy for Dermatology
Viral, bacterial, fungal and parasitic infections	3.5	6	0	A4DFD	Medical Cert + Adv Cert Dermoscopy for Dermatology
Basic principles of trichoscopy	3.5	6	0	A5DFD	Medical Cert + Adv Cert Dermoscopy for Dermatology
Trichoscopy of common alopecias	3.5	6	0	A6DFD	Adv Cert Dermoscopy for Dermatology

Domestic Abuse & Violence

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Child physical abuse and neglect	4	6	0	F1DAV	Fou Cert Domestic Abuse & Violence
Child sexual abuse	4	6	0	F2DAV	Fou Cert Domestic Abuse & Violence

General Dermatology

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Common benign conditions, pigmentary conditions and cutaneous infections	4.5	6	0	P1DTL	Prof Cert General Dermatology
Facial rashes, systematic diseases and fungal infections	4.5	6	0	P2DTL	Prof Cert General Dermatology
Atopic dermatitis and acne 1	3.5	6	0	P4DTL	Prof Cert General Dermatology
Dermatopathology, pruritus and contact dermatitis	4.5	6	0	P5DTL	Prof Cert General Dermatology
Nail disorders and hair loss	4	6	0	P6DTL	Prof Cert General Dermatology
Paediatric topics, follicular disorders and blistering disorders	4.5	6	0	P7DTL	Prof Cert General Dermatology
Dermatological emergencies, vitiligo treatments and infestations	4.5	6	0	A1DTL	Adv Cert General Dermatology
Treatment of dermatomyositis and treatment of sarcoidosis	4	6	0	A2DTL	Adv Cert General Dermatology
Systemic treatment options for psoriasis & systemic treatment of lichen planus	4	6	0	A3DTL	Adv Cert General Dermatology
Atopic dermatitis and acne 2	4	6	0	A4DTL	Adv Cert General Dermatology
Patch testing and contact dermatitis & cutaneous lymphomas	4	6	0	A5DTL	Adv Cert General Dermatology
Rare nail disorders and cicatricial alopecia	4	6	0	A6DTL	Adv Cert General Dermatology
Bites: Animals, snakes and insects	4	6	0	D1DTL	Prof Dip General Dermatology
Skin ulcers, pressure sores and wound care	4	6	0	D2DTL	Prof Dip General Dermatology
Pregnancy dermatoses	3.5	6	0	D3DTL	Prof Dip General Dermatology
Oral mucosal diseases	4	6	0	D4DTL	Prof Dip General Dermatology
Hidradenitis suppurativa diagnosis and treatment	5	5	0	U1DTL	N/A

Geriatric Medicine

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Diagnosing dementia	5	6	0	P1GEM	Prof Cert Geriatric Medicine
Falls in the elderly	4	6	0	P2GEM	Prof Cert Geriatric Medicine
Polypharmacy and how to manage it	4	6	0	P3GEM	Prof Cert Geriatric Medicine
Osteoporosis	4	6	0	P4GEM	Prof Cert Geriatric Medicine + Adv Cert Musculo & Sports Med
Palliative care – the essentials	5	6	0	P5GEM	Prof Cert Geriatric Medicine
Nutrition in the elderly	4	6	0	P7GEM	Prof Cert Geriatric Medicine
Strokes and Transient Ischaemic Attacks (TIAs)	4	6	0	A2GEM	Adv Cert Geriatric Medicine
Parkinson's Disease	4.5	6	0	A3GEM	Adv Cert Geriatric Medicine
Palliative care - advanced	4	6	0	A5GEM	Adv Cert Geriatric Medicine
Common cancers in the elderly	4	6	0	A6GEM	Adv Cert Geriatric Medicine
Macular degeneration, cataracts and other causes of visual impairment	3.5	6	0	A7GEM	Adv Cert Geriatric Medicine
Managing chronic, non-cancer pain	4	6	0	A8GEM	Adv Cert Geriatric Medicine

Histopathology for Dermoscopy

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Introduction to dermatopathology correlation cases	5	6	0	A1HFD	Adv Cert Histopathology for Dermoscopy
Non-melanocytic lesions part 1	4	6	0	A2HFD	Adv Cert Histopathology for Dermoscopy
Non-melanocytic lesions part 2	4	6	0	A3HFD	Adv Cert Histopathology for Dermoscopy
Virtual slides dysplastic naevus: Fact and fiction	4	6	0	A4HFD	Adv Cert Histopathology for Dermoscopy
Specimen processing: Does the type of biopsy make a difference? Correlation cases	4.5	6	0	A5HFD	Adv Cert Histopathology for Dermoscopy
Histopathology of melanocytic lesions part 1	4	6	0	A6HFD	Adv Cert Histopathology for Dermoscopy

Immunisation & Vaccination

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Adult vaccination	4	6	0	M2IMV	Primary Cert Immunisation
Travel vaccination schedules	4	6	0	M3IMV	Primary Cert Immunisation

Medicinal Cannabis

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
History of cannabis	4	5	0	P1CBD	Prof Cert Medicinal Cannabis
Introduction to the endocannabinoid system	4	5	0	P2CBD	Prof Cert Medicinal Cannabis
The major phytocannabinoids: THC and CBD	4	5	0	P3CBD	Prof Cert Medicinal Cannabis
Medicinal cannabis: routes of administration, side effects & contraindications	4	6	0	P4CBD	Prof Cert Medicinal Cannabis
Medicinal cannabis: patient cases and basic ailments	4.5	6	0	P5CBD	Prof Cert Medicinal Cannabis
Chronic pain and medicinal cannabis	4	6	0	P6CBD	Prof Cert Medicinal Cannabis
Medicinal cannabis: anxiety, insomnia and depression	4	6	0	P7CBD	Prof Cert Medicinal Cannabis
Medicinal cannabis: multiple sclerosis, spasticity, tremor, dystonia	4.5	6	0	A1CBD	Adv Cert Medicinal Cannabis
Medicinal cannabis: treatment resistant pain, neuropathic pain, cluster headaches and migraines	4.5	6	0	A2CBD	Adv Cert Medicinal Cannabis
Medicinal cannabis: auto immune disorders and inflammatory conditions	4	6	0	A3CBD	Adv Cert Medicinal Cannabis
Medicinal cannabis: inflammatory bowel disease - Crohn's disease and ulcerative colitis	4.5	6	0	A4CBD	Adv Cert Medicinal Cannabis
Medicinal cannabis: ASD - Autism, ADHC, OCD, Tourette's	4	6	0	A5CBD	Adv Cert Medicinal Cannabis
Medicinal cannabis: women's health and endometriosis, PMS, osteoporosis	4	6	0	A7CBD	Adv Cert Medicinal Cannabis
Medicinal cannabis: geriatric and palliative medicine	4.5	6	0	D1CBD	Prof Dip Medicinal Cannabis
Medicinal cannabis: epilepsy – adult and child	4.5	6	0	D2CBD	Prof Dip Medicinal Cannabis
Medicinal cannabis: PTSD – treatment in clinical practice	4	6	0	D3CBD	Prof Dip Medicinal Cannabis

Men's Health

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Prostate conditions and prostate check	4	6	0	S1MEN	Prof Cert Men's Health + Adv Cert Chronic Disease & Conditions + Prof Dip Sexual & Reproductive Health
STIs in Men	4	6	0	S3MEN	Prof Cert Men's Health + Prof Dip Sexual & Reproductive Health
Men's cases: Lifestyle choices and the impact on health and wellbeing	4.5	6	0	S4MEN	Prof Cert Men's Health
Male sexual dysfunction	4	6	0	P5MEN	Prof Cert Men's Health + Primary Cert Sexual Health for Men + Prof Dip Sexual & Reproductive Health
Fitness and exercise in older men	5	6	0	P7MEN	Prof Cert Men's Health
Male anatomy and clinical problems 1	5	6	0	P8MEN	Prof Cert Men's Health
Penile conditions and fertility check	4	6	0	A1MEN	Adv Cert Men's Health + Primary Cert Sexual Health for Men + Prof Dip Sexual & Reproductive Health
Male hair loss and genital inflammatory dermatoses	4	6	0	A3MEN	Adv Cert Men's Health
Men's health: Androgen deficiency	4	6	0	A4MEN	Adv Cert Men's Health + Primary Cert Sexual Health for Men + Prof Dip Sexual & Reproductive Health
Cardiovascular health and weight control in men	5.5	6	0	A6MEN	Adv Cert Men's Health + Adv Cert Chronic Disease & Conditions
Male anatomy and clinical problems 2	5	6	0	A7MEN	Adv Cert Men's Health
Men's cases: disease prevention, suicide risk and the GP role	4.5	6	0	A8MEN	Adv Cert Men's Health
Obstructive sleep apnoea in men	4	6	0	D2MEN	Prof Dip Men's Health
Managing male patients with HIV	4	6	0	D4MEN	Prof Dip Men's Health

Mental Health

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Detection, assessment and review of mental health issues	6.5	6	0	P1MHE	Prof Cert Mental Health + Core Module MHST
Depression (general)	5.5	6	0	P2MHE	Prof Cert Mental Health
Anxiety	5	6	0	P3MHE	Prof Cert Mental Health
Bipolar disorder	6	6	0	P4MHE	Prof Cert Mental Health
PTSD: Trauma and stressor related disorders	6	6.5	0	P6MHE	Prof Cert Mental Health + Clinical Enhancement Module MHST
Attention Deficit Hyperactive Disorder	3.5	5	0	U1MHE	N/A
Management of S4 medications: general and mental health	3.5	6	0	A4MHE	Adv Cert Mental Health
Delusions	3.5	6	0	A2MHE	Adv Cert Mental Health
Emergency mental health	4	6	0	A3MHE	Adv Cert Mental Health

Masterclasses

Activity Name	CPD Hours			Presenter	Activity Code
	Education Activity	Performance Review	Outcome Measurement		
Understanding the application of skin cancer surgery in the clinical setting	Self-submitted activity (Estimate of 11 hours)	0	0	Prof Sharad Paul, Dr Tony Azzi & Dr Tony Dicker	U1SSP-SS
Dermoscopic methods to apply when pattern recognition fails	Self-submitted activity (Estimate of 1 hour)	0	0	Prof Harald Kittler	U2DER-SS
Dermoscopy Excellence program	Self-submitted activity (Estimate of 12 hours)	0	0	Prof Giuseppe Argenziano & A/Prof Aimilios Lallas	U3DER-SS
Understanding and application of dermoscopy in clinical practice	Self-submitted activity (Estimate of 12 hours)	0	0	Profs Harald Kittler, Prof Cliff Rosendahl, A/Prof John Pyne & Dr Simon Clark	U4DER-SS

Musculoskeletal & Sports Medicine

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Musculoskeletal pain	4.5	6	0	P1MSM	Prof Cert Musculoskeletal Med
Rheumatoid arthritis	4	6	0	P2MSM	Prof Cert Musculoskeletal Med
Neck injuries in sport	3.5	6	0	P3MSM	Prof Cert Musculoskeletal Med
Physical and biomechanical assessment of lower limb and gait problems	7	6	0	P5MSM	Prof Cert Musculoskeletal Med
Degenerative joint diseases	4.5	6	0	P6MSM	Prof Cert Musculoskeletal Med
Low back pain	4	6	0	P7MSM	Prof Cert Musculoskeletal Med
Gout	4.5	6	0	A2MSM	Adv Cert Musculoskeletal Med
Physical assessment and management of shoulder problems and sports injuries	4.5	6	0	A3MSM	Adv Cert Musculoskeletal Med
Elbow, wrist and hand problems	4.5	6	0	A4MSM	Adv Cert Musculoskeletal Med
Physical management for knee, ankle and foot problems and sports injuries	4.5	6	0	A6MSM	Adv Cert Musculoskeletal Med
Health and performance factors in masters athletes	4.5	6	0	A7MSM	Adv Cert Musculoskeletal Med
Nutrition for sport and musculoskeletal health	4.5	6	0	D3MSM	Prof Dip Musculoskeletal Med
Children's health: sport and exercise	5	6	0	D4MSM	Prof Dip Musculoskeletal Med
GP cases: managing the weekend sportsperson	4.5	6	0	D5MSM	Prof Dip Musculoskeletal Med
Legal and illegal drugs in sport	4.5	6	0	D8MSM	Prof Dip Musculoskeletal Med

Respiratory Conditions & Infections

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Asthma	4	6	0	F1RCI	Fou Cert Respiratory Conditions
Sinusitis	4	6	0	F3RCI	Fou Cert Respiratory Conditions

Skin Cancer Medicine

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
The foundations of skin cancer medicine	4	5	0	P1MED	Prof Cert Skin Cancer Med
An approach to pigmented skin lesions	4	5	0	P2MED	Prof Cert Skin Cancer Med
An approach non-pigmented skin lesions	4	5	0	P3MED	Prof Cert Skin Cancer Med
Dermatopathology	4	5	0	P4MED	Prof Cert Skin Cancer Med
Topical treatment and medico-legal issues	4	5	0	P5MED	Prof Cert Skin Cancer Med
Preparation for surgical treatment	3.5	5	0	P6MED	Prof Cert Skin Cancer Med
Suturing and perfecting the ellipse	4.5	5	0	A1MED	Adv Cert Skin Cancer Med
Local anaesthesia for skin cancer medicine	4.5	5	0	A2MED	Adv Cert Skin Cancer Med
Curettage and cautery for skin cancer medicine	4	5	0	A4MED	Adv Cert Skin Cancer Med
Ellipse planning	4	5	0	A5MED	Adv Cert Skin Cancer Med
The Big Three: BCC, SCC and melanoma	5	5	0	A7MED	Adv Cert Skin Cancer Med
Topical treatments and lesion-directed treatments	4	6	0	D1MED	Prof Dip Skin Cancer Med
Field treatments for skin cancer medicine	4	6	0	D2MED	Prof Dip Skin Cancer Med
Chemoprevention in skin cancer medicine	4	6	0	D4MED	Prof Dip Skin Cancer Med
Factors influencing the choice of treatment	4.5	6	0	D5MED	Prof Dip Skin Cancer Med
Skin cancer business management	Self-submitted	0	0	U1MED-SS	N/A

Skin Cancer Surgery

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Theory, anatomy and principles of skin cancer surgery	4.5	5	0	P1SSP	Prof Cert Skin Cancer Surgery Principles
Suturing, perfecting the ellipse and local anaesthetic	5	5	0	P2SSP	Prof Cert Skin Cancer Surgery Principles
Skin grafting	3.5	5	0	P3SSP	Prof Cert Skin Cancer Surgery Principles
Pivotal flaps	3.5	5	0	P4SSP	Prof Cert Skin Cancer Surgery Principles
Rhomboid flaps 1	3.5	5	0	P5SSP	Prof Cert Skin Cancer Surgery Principles
Ellipses and suture techniques	4	5	0	A1SSP	Adv Cert Skin Cancer Surgery Principles
Advancement flaps 2	4	5	0	A2SSP	Adv Cert Skin Cancer Surgery Principles
Rotation flaps	4	5	0	A3SSP	Adv Cert Skin Cancer Surgery Principles
Grafts	4	5	0	A4SSP	Adv Cert Skin Cancer Surgery Principles
Rhomboid flaps 2	3.5	5	0	A5SSP	Adv Cert Skin Cancer Surgery Principles
Banner flaps 1	3.5	5	0	A6SSP	Adv Cert Skin Cancer Surgery Principles
Neurovascular island flaps	4.5	5	0	D1SSP	Prof Dip Skin Cancer Surgery Principles
Bilobed flaps	4	5	0	D2SSP	Prof Dip Skin Cancer Surgery Principles
Banner and rhomboid flaps 3	3.5	5	0	D3SSP	Prof Dip Skin Cancer Surgery Principles
V-y flaps	3.5	5	0	D4SSP	Prof Dip Skin Cancer Surgery Principles

Women's Health

Activity Name	CPD Hours			Activity Code	Part of Certificate
	Education Activity	Performance Review	Outcome Measurement		
Sexually Transmitted Infections and cervical screening	5	6	0	S1WOM	Prof Cert Women's Health + Prof Cert Sexual Health
Polycystic Ovarian Syndrome	4.5	6	0	S2WOM	Prof Cert Women's Health + Adv Cert Chronic Disease + Prof Cert Sexual Health
Pregnancy 1	4	6	0	S3WOM	Prof Cert Women's Health + Adv Cert Sexual Health
Menopause	4	6	0	S4WOM	Prof Cert Women's Health + Primary Cert Menopause + Adv Cert Sexual Health
Women's health: Family planning 1	4	6	0	P6WOM	Prof Cert Women's Health + Prof Cert Sexual Health
Domestic abuse	3.5	6	0	P8WOM	Prof Cert Women's Health + Prof Cert Mental Health
Endometriosis, pelvic pain and ovarian cancer	5	6	0	A1WOM	Adv Cert Women's Health + Prof Cert Sexual Health
Women's health: Sexual health	5	6	0	A2WOM	Adv Cert Women's Health + Adv Cert Sexual Health
Women's health: Infertility	5	6	0	A4WOM	Adv Cert Women's Health + Adv Cert Sexual Health
Pregnancy complications	4	6	0	A5WOM	Adv Cert Women's Health + Adv Cert Sexual Health
Breast health – risks, detection and management	4.5	6	0	A6WOM	Adv Cert Women's Health
Post-menopause health issues	4.5	6	0	A8WOM	Adv Cert Women's Health + Primary Cert Menopause + Adv Cert Sexual Health
Vaginal prolapse and urinary incontinence	4.5	6	0	D1WOM	Prof Dip Women's Health + Prof Cert Sexual Health
Complementary medicine in women's health	3.5	6	0	D2WOM	Prof Dip Women's Health
Familial risk of breast and ovarian cancer	5	6	0	D6WOM	Prof Dip Women's Health + Prof Cert Sexual Health
Premature ovarian insufficiency	4	6	0	D8WOM	Prof Dip Women's Health
From acne inversa to common menopausal problems: women's health issues	5	5	0	U1WOM	N/A

Plan-Do-Study-Act (PDSA) Activities

Activity Name	Topic	Activity Code	CPD Hours		
			Education Activity	Performance Review	Outcome Measurement
Age appropriate men's health check-ups	Men's Health	MEN01-PDSA	0	0	Self-submitted: Est 10hrs
Chemical peels, dermal fillers or botulinum toxin	Aesthetic Medicine	AST01-PDSA	0	0	Self-submitted: Est 10hrs
Chronic kidney disease	Chronic Disease	CDC01-PDSA	0	0	Self-submitted: Est 10hrs
Depression, anxiety, PTSD or bipolar disorder	Mental Health	MHE01-PDSA	0	0	Self-submitted: Est 10hrs
Dermal fillers and Botulinum toxin	Aesthetic Medicine	AST02-PDSA	0	0	Self-submitted: Est 10hrs
Diagnosing melanoma	Dermoscopy	DER01-PDSA	0	0	Self-submitted: Est 10hrs
Ellipse	Skin Cancer Medicine	MED01-PDSA	0	0	Self-submitted: Est 10hrs
Food diary	Geriatric Medicine	GEM01-PDSA	0	0	Self-submitted: Est 10hrs
Halo Flap	Skin Cancer Medicine	MED02-PDSA	0	0	Self-submitted: Est 10hrs
Headaches and migraines	Medicinal Cannabis	CBD02-PDSA	0	0	Self-submitted: Est 10hrs
Identifying Non-Alcoholic Fatty Liver Disease (NAFLD)	Men's Health	MEN02-PDSA	0	0	Self-submitted: Est 10hrs
Insomnia	Medicinal Cannabis	CBD01-PDSA	0	0	Self-submitted: Est 10hrs
Monitoring lipid levels	Geriatric Medicine	GEM02-PDSA	0	0	Self-submitted: Est 10hrs
Pivotal, rhombus or advancement flaps	Skin Cancer Surgery	SSP01-PDSA	0	0	Self-submitted: Est 10hrs
Renal function	Chronic Disease	CDC02-PDSA	0	0	Self-submitted: Est 10hrs
Rotation or banner flap technique	Skin Cancer Surgery	SSP02-PDSA	0	0	Self-submitted: Est 10hrs
Sexually transmitted infection (STI) screening	Women's Health	WOM02-PDSA	0	0	Self-submitted: Est 10hrs
"Teach Back" tool for acne or contact dermatitis	General Dermatology	DTL02-PDSA	0	0	Self-submitted: Est 10hrs
"Teach Back" tool for knee, elbow, hand, wrist, ankle or foot pain	Musculoskeletal & Sports Medicine	MSM02-PDSA	0	0	Self-submitted: Est 10hrs
"Teach Back" tool for neck / low back pain or rheumatoid arthritis	Musculoskeletal & Sports Medicine	MSM01-PDSA	0	0	Self-submitted: Est 10hrs
The diagnosis of skin rashes	General Dermatology	DTL01-PDSA	0	0	Self-submitted: Est 10hrs
Using dermoscopy for general dermatology conditions	Dermoscopy	DER02-PDSA	0	0	Self-submitted: Est 10hrs
Women's health check-ups that are age appropriate	Women's Health	WOM01-PDSA	0	0	Self-submitted: Est 10hrs
Pick your own topic	N/A	PYOT-PDSA	0	0	Self-submitted: Est 10hrs

Additional Outcome Measurement Activities

Measure an outcome before and after your intervention, identify any modifications and reflect on your learning. For this CPD activity, HealthCert Education does not report to your college on your behalf because each GP's experience varies and therefore time taken varies. This is a self-submitted activity.

Activity Name	CPD Hours		
	Education Activity	Performance Review	Outcome Measurement
Test measurement: Measure patient's conditions prior to and after initiating treatment to identify each patient's response to treatment and ongoing management options (if applicable)	0	0	Self-submitted activity
Pathology results: Measuring your expected patient diagnosis with pathology results and correlating these. (e.g. Blood pressure results, movement range after cortisone injection treatment).	0	0	Self-submitted activity
Practice meetings: Participating in formal or informal practice meetings to discuss patient outcomes before and after treatment.	0	0	Self-submitted activity
Peer review: Peer review discussions where you measure patient outcomes before and after treatment.	0	0	Self-submitted activity
Practice accreditation: Participating in practice accreditation where an expected practice outcome is measured against the actual outcome.	0	0	Self-submitted activity
Project management: Project management in your practice, obtaining starting point data before the project, undertaking the project and then evaluating outcomes of the project.	0	0	Self-submitted activity
Student supervision: Supervising medical students who complete ongoing evaluation scores of your teaching and supervision. You will be measuring your performance as you work with medical students.	0	0	Self-submitted activity
General practice (Pick your own topic): Examine current administration practices and identify where systems can be improved. Implement changes and measure results.	0	0	Self-submitted activity
Log Book (Pick your own topic): Guides you to record and measure a variety of patient consultations for any medical condition.	0	0	Self-submitted activity

Outcome Improvement Activities

Completion of any of the below Outcome Improvement Activities provides enough hours to meet the annual CPD requirements.

Activity Name	Activity Code	Outcome Measurement CPD Hours
Undertaking a cosmetic consultation Outcome Improvement Activity	ACAST-ACA	8.5
Endometriosis Outcome Improvement Activity	ACCB-ACA	8.5
Coronary Artery Disease Outcome Improvement Activity	ACCDC-ACA	8.5
Dietary and Malnutrition for the Management of Chronic Disease Outcome Improvement Activity	ACCLN-ACA	8.5

Difficult to diagnose melanomas Outcome Improvement Activity	ACDER-ACA	8.5
Diagnosing melanomas Outcome Improvement Activity	PCDER-ACA	
Psoriasis Outcome Improvement Activity	ACDTL-ACA	8.5
Local anaesthesia Outcome Improvement Activity	ACMED-ACA	8.5
Penile conditions and male fertility check Outcome Improvement Activity	ACMEN-ACA	8.5
Gout Outcome Improvement Activity	ACMSM-ACA	8.5
Nutrition and malnutrition in aging and older adults Outcome Improvement Activity	PCCLN-ACA	8.5
Infertility Outcome Improvement Activity	ACSRH-ACA	8.5
Ellipses and suture techniques Outcome Improvement Activity	ACSSP-ACA	8.5
Pelvic pain Outcome Improvement Activity	ACWOM-ACA	8.5
Botulinum toxin injections Outcome Improvement Activity	PCAST-ACA	8.5
Managing Long Term Childhood Conditions Outcome Improvement Activity	PCCAH-ACA	8.5
Medicinal cannabis and chronic pain Outcome Improvement Activity	PCCBD-ACA	8.5
Diabetes Outcome Improvement Activity	PCCDC-ACA	8.5
Nutrition and Malnutrition in Aging and Older Adults Outcome Improvement Activity	PCCLN-ACA	8.5
Infected lesions Outcome Improvement Activity	PCCPP-ACA	8.5
Acral lesions Outcome Improvement Activity	PCDER-ACA	8.5
Acne Outcome Improvement Activity	PCDTL-ACA	8.5
Osteoporosis Outcome Improvement Activity	PCGEM-ACA	8.5
Topical treatments Outcome Improvement Activity	PCMED-ACA	8.5
Prostate conditions and prostate check Outcome Improvement Activity	PCMEN-ACA	8.5
PTSD Outcome Improvement Activity	PCMHE-ACA	8.5
Low back pain Outcome Improvement Activity	PCMSM-ACA	8.5
Dietary and malnutrition for the management of chronic disease Outcome Improvement Activity	ACCLN-ACA	8.5
Premature ovarian insufficiency Outcome Improvement Activity	PCSRH-ACA	8.5
Theory, anatomy and principles of surgery Outcome Improvement Activity	PCSSP-ACA	8.5
Sexually Transmitted Infections (STIs) Outcome Improvement Activity	PCWOM-ACA	8.5