

PRIMARY CERTIFICATE OF INSOMNIA

ONLINE

Learn how to assess and manage insomnia and related sleep disorders in primary care.

The Primary Certificate of Insomnia explores cognitive, behavioural and pharmacological approaches to insomnia, as well as the diagnosis and management of obstructive sleep apnoea and restless legs syndrome, giving you the confidence to better support patients with sleep-related concerns.

TOPICS COVERED

- Insomnia: Cognitive, behavioural & pharmacological approaches
- Obstructive sleep apnoea in men
- Restless leg syndrome in women

COURSE DELIVERY AND REQUIREMENTS

This course consists of three online modules and is for physicians and degree-qualified health professionals. There are no prerequisites.

FEES

Primary
Certificate

\$595

CERTIFICATION

Upon successful completion of the course, you will receive a HealthCert certificate and accredited CPD hours. Please refer to our website for details.



SECURE YOUR PLACE AT WWW.HEALTHCERT.COM/MCINS