

# ADVANCED WORKSHOP OF JOINT PUNCTURE & SOFT TISSUE INJECTIONS

## FRIDAY EVENING WORKSHOP

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The **Advanced Workshop of Joint Puncture and Soft Tissue Injections** is ideal for medical professionals who wish to learn helpful techniques in the diagnosis and therapy of various musculoskeletal conditions. The procedures are most often used to reduce inflammation, provide pain relief and alleviate stiffness in tendons, muscles and joints of the shoulder, knee, or hip, thus addressing a highly sought-after service of the ageing population. You can expect comprehensive, practical instruction with direct relevance to primary care work, with the opportunity to exercise knowledge in an interactive workshop on cadavers.

The skills acquired in the highly practical three-hour workshop complement the techniques used in aesthetic procedures, particularly if you wish to offer cosmetic injections and platelet-rich plasma therapy to your patients.

### TOPICS COVERED

- Principles of joint puncture
- Principles of soft tissue injections
- Joint anatomy and safe treatment
- Local anaesthesia and safe practices
- Specific conditions that require joint puncture and soft tissue injections

### WORKSHOP DELIVERY AND REQUIREMENTS

The practical workshop is held on Friday evenings. Participants are required to complete a pre-workshop reading activity. There is no formal assessment, but specific individual feedback is provided by the workshop presenter. The workshop is suitable for general practitioners and International Medical Graduates and assumes no prior knowledge or specific training in joint puncture or soft tissue injecting.

### THE WORKSHOP INCLUDES

Pre-reading activities and a Friday evening workshop including hands-on performance on cadavers under the guidance of an experienced medical practitioner who specialises in the field; individual feedback is provided.

You will also receive unlimited and ongoing access to free alumni learning resources, video lectures, and discussion forums, as well as invite-only events and special offers after completing the workshop.



**Dr Gerard Ahern** | University of Melbourne

Dr Gerard Ahern is a clinical anatomist teaching at undergraduate, graduate, postgraduate and specialist levels at multiple universities and specialist colleges. Dr Ahern is Final Year & GP Coordinator, Senior Lecturer and Clinical Anatomist (University of Notre Dame), Honorary Senior Fellow in Anatomy (University of Melbourne), Member Board of Examiners (Royal Australian and New Zealand College of Radiologists), Honorary Associate Professor (Oceania University), Tutor and Lecturer (Royal Australasian College of Surgeons) and co-author of the best-selling book 'General Anatomy'. He has also co-authored many electronic programs on various areas of medicine.

CERTIFICATION

Upon successful completion of the workshop, you will receive a certificate of attendance and accreditation points:

**RACGP:** CPD Accredited Activity 16 Points

**ACRRM:** 6 Educational Activity & 2 Performance Review PDP Units

FURTHER STUDIES

Upon successful completion of the Advanced Workshop, graduates may be interested in extending their skills in other highly sought-after clinical procedures such as male and female contraception, local anaesthetic approaches, post-operative care, and various suturing and surgical techniques. Recommended follow-on certificate courses and workshops include:

- Professional Certificate of Clinical Procedures
- Advanced Workshop of Non-Scalpel Vasectomy
- Advanced Workshop of Intrauterine Systems

*I enjoyed this pointed and practical course on joint aspiration and injection. It offered great revision and practical instruction with the opportunity for hands-on practice. The content was very relevant without being overloaded, and I can easily relate it to my work. I feel more confident in these procedures now.*

- Dr M. Whitchurch, QLD -

*The Joint workshop was a good opportunity to exercise knowledge in an anatomy lab. Dr Ahern was an enthusiastic presenter with a slightly different approach from standard GPs.*

- Dr J. Zomerdijk, QLD -



WORKSHOP DATES AND LOCATIONS

**Please contact us  
for upcoming workshop locations.**

FEEES AND PAYMENT OPTIONS

Early Bird\*

**\$895**

Full Price

**\$995**

\*Early Bird rate valid for registrations 30 days prior to course date.